

Toddler & Primary – October 12, 2018



Fall is an exciting time of year as the leaves begin to change color and the cooler weather settles in. The children in the Toddler and Primary classes have been singing songs, listening to stories and conversations of all the beautiful changes that we are able to experience in the natural world.

Veronica and Stella's class has been reading and discussing the book titled, [Pumpkin Circle](#). Jennie and Jennifer's class is reading a collection of seasonal stories by Winnie the Pooh. All of the classes have enjoyed singing songs about the Fall season and many of the children love the song "Autumn Leaves." Of course, the children always enjoy playing on the playground and discovering first-hand all of the acorns, falling leaves, and changing colors. Spending time outside gives children the opportunity to build a meaningful relationship with their natural world.

Students at the Toddler and Primary level often enjoy preparing food and sharing it with their classroom community. Coincidentally, both Fabi and Jennie's class incorporated blueberries into their baking this week! Fabi's class made blueberry muffins and Jennie's class made blueberry biscuits. Our hallways sure did smell delicious!

In the Toddler classrooms, the children prepare snack and lunch every day. In addition to preparing the food, they also set the table with beautiful flowers, napkins, dishes and glasses. As they continue to refine and master these skills, the children are able to complete many of the steps independently. Hannah and Esther's class, as well as Veronica and Stella's class, serve a nutritious snack each day which includes fresh fruit, Banana Oatmeal Cookies, tofu and hard boiled eggs. If you would like to try out some tasty Banana Oatmeal Cookies, please [click here](#) for the recipe. Baking and cooking with your child is a wonderful activity to do together!

All of the classrooms focus on mind-body awareness activities. Grace and Courtesy is an extension of inner peace and mindfulness. The children in Hannah and Kim's class are continuing to discuss and practice ways in which they are kind and gracious human beings. They have become more aware of what it means to be a helper and the children are proud to notice when a friend is being helpful as well. Hannah's class is also practicing intentional breathing and meditation; and all of the classrooms incorporate yoga as an important peaceful practice.

An invitation was sent out yesterday for the Parent Education event that will be happening next weekend (Saturday October 20th, 9 am - 12 pm) titled **Montessori Workshop**. We hope you will join us for this important and informative event! Please [click here](#) to learn more and RSVP. We look forward to seeing many of you tonight at the Cocktail Party!

Ashley and the Toddler/Primary team